

RISK ASSESSMENT AND INFECTION CONTROL FOR NIMBLE CLINIC LTD

Category	Identified Area of Risk	Suggestion of change / Action to reduce risk
Risk to patient	Access to building	<ul style="list-style-type: none"> • Patient advised to wait outside front door • Osteopath to open door to all patients and same at point of exit
	Patient arriving early	<ul style="list-style-type: none"> • Advise patient to arrive on time / not early for their appointment • Update contact details - telephone, should the osteopath need to contact the patient
	Minimising traffic through clinic	<ul style="list-style-type: none"> • Only one osteopath in clinic at a time • Encourage patients not to bring family unless requiring a chaperone / aid • Liaise with other therapists to coordinate treatment start times to prevent crossover
	Appointment running over	<ul style="list-style-type: none"> • Try to run to time, but if not; • Extra time has been allocated for treatment 15-30 minutes between appointments • Next patient should be waiting outside the building and can be asked to step aside to let previous patient exit
	Emergency treatment definition	<ul style="list-style-type: none"> • Where symptoms would require additional help from NHS / specialist if left untreated • Where the person is a key worker and needs to return to work / stay in work
	Moderate Vulnerable Category Advised to shield Advised to offer Telehealth / Video Consult over face to face treatment	<ul style="list-style-type: none"> • Over 70 (M>F) • Diabetes T2/T1 • Asthma, Bronchitis, Emphysema, COPD • Pregnant with known heart condition • MS, Parkinson's, MND, Cerebral Palsy • Chronic kidney / liver / heart disease • Spleen - splenectomy, sickle cell • Weakened immunity - HIV, Aids, steroid therapy, chemotherapy • Seriously overweight - BMI>40

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	Extremely Vulnerable Category Strongly advised to shield Strongly advised to NOT treat face to face	<ul style="list-style-type: none"> • Immunocompromised - through familial disease / drug therapy / current cancer treatment e.g. chemotherapy, lung radical radiotherapy, leukaemia, chemo targeting antibody cells, bone marrow/stem cell transplant <6month & taking immunosuppressant, PARP inhibitors. • Recent <4month organ transplant • Severe heart condition • Severe lung condition e.g. COPD, severe asthma, cystic fibrosis
	Payment	<ul style="list-style-type: none"> • Encourage payments by card & BACS • Store any cash payments away in safe place
Risk to Practitioner	Ensuring patients that arrive for their appointment are not showing signs of Covid-19	<ul style="list-style-type: none"> • Screening of patient on booking appointment • Pre treatment triage call the day before treatment • Taking temperature on arrival with infrared thermometer
	Pre Treatment Triage Assessment Questionnaire	<ul style="list-style-type: none"> • Pre Treatment Assessment Questionnaire (PTAQ) to be filled out by osteopath the day before treatment and signed by patient at start of consultation • Pen sanitised as routine after use (at the end of treatment) • Consent / PTAQ filled out at each session thereafter

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	During TTT - PPE	<ul style="list-style-type: none"> • Supply of PPE sourced sufficient for 150 patients initially (aprons, gloves, facemasks) • Home made / bought cotton face coverings made for patients? Could be stored clean in Tupperware. Purpose - single use face coverings. Disposed of after treatment in sealed box and washed at 60 degrees and dried, prior to re use. • Ask patient to arrive wearing their own face covering / mask
	Patient arrives looking / feeling unwell	<ul style="list-style-type: none"> • Re screen patient - Cough, Cold, loss of smell, fever, GI symptoms? • Anyone in the house unwell with cough, cold? • Temperature check • If in doubt, send patient home
	How to Triage	<ul style="list-style-type: none"> • Initial phone call to book appointment • Gather email address for use in sending pre / post treatment advice / forms and for clinic updates • Determine if appointment needs to be face to face / contact appointment

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	Post treatment information - protocol	<ul style="list-style-type: none"> • Safety netting - advise patients on what to do if symptoms worsen • Request patients notify you if they start to show symptoms of Covid-19 within 5 days of their treatment • Advise Patients that you will be notifying them if you start to experience symptoms in the next 5 days • Ask the patient if they are comfortable to return for further face to face appointment, if appropriate
Infection control measures	Handwashing / PPE protocol between patients	<p>Practitioner:</p> <ul style="list-style-type: none"> • Wash hands on entering and leaving TWS • Wash hands thoroughly before and after each treatment session • Wash hands before and after putting on/taking off PPE <p>Patient:</p> <ul style="list-style-type: none"> • Patient requested to wash hands /use sanitiser provided on entering and leaving TWS <p>Posters</p> <ul style="list-style-type: none"> • Clear posters for hand hygiene in bathroom and receptions on 'how to hand wash' / 'how to hand rub' • Poster showing how to don / dog PPE in clinic room for practitioner
	Respiratory / Cough Hygiene	<ul style="list-style-type: none"> • Cough / sneeze into elbow crook or tissue • Dispose of tissue in normal clinic waste using peddle bin

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	Use of Creams	<ul style="list-style-type: none"> • A clear plastic spatula is used to extract product and cleansed with Clinell wipes before and after each use • Lids of creams to be kept on • Where possible, purchase pump dispensing products
	Equipment cleaning	<ul style="list-style-type: none"> • All equipment incl: Couch, chairs, pens, keyboards, tablets, mouse, tuning fork, patella hammer, to be cleaned after use • Sourcing of hospital grade cleansing wipes (Clinell) for use on all common area handles, light switches as well as bathrooms and clinic surfaces - couch, pillows, chairs, doorknobs, desk, keyboard, tablet, mouse, pens, phones.
	General	<ul style="list-style-type: none"> • Removal of all non-essential equipment from treatment room • Box individual items to reduce contamination from airborne particles • Wash all clinic linens at 60 degrees, separately from other non work items • Change out of clinic clothes before leaving work, place in cotton bag and take home for cleaning.
	Disposal of clinic waste	<ul style="list-style-type: none"> • Double bag all waste from clinic room • Leave untouched for 72 hours / 3 days before disposal in general waste

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<p>Managing communication of protocol</p>	<p>Information delivery to patients / prospective patients</p>	<ul style="list-style-type: none"> • Upload infection control measures to website • Keep phones diverted to us for bookings in order to triage AND inform patient of new infection control measures prior to their arrival • Follow up online bookings with triage questionnaire, notify them of new infection control measures while on phone. <p>Social media</p> <ul style="list-style-type: none"> • Email mailing list with link to website page detailing new infection control measures • Upload simplified infection control advertising to FB and Instagram
<p>Managing a Covid-19 scenario</p>	<p>If you (practitioner) starts to show symptoms</p>	<ul style="list-style-type: none"> • Close clinic, cancel appointments for following 7 days, review after test / after 14 days if this needs to be extended • Follow government guidelines and self isolate for 7 days • Request a test • Partner to self isolate for 14 days or until test results available • Contact all patients from the previous 7 days and advise to self isolate
	<p>If you discover that a patient you treated starts to show symptoms within 14 days of treatment</p>	<ul style="list-style-type: none"> • Close clinic, cancel appointments for following 7 days, review after test / after 14 days if this needs to be extended • Self isolate with partner for 14 days • Request a test • Contact patients from previous 7 days

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	Patient / walk in enters the clinic showing symptoms of Covid-19	<ul style="list-style-type: none">• Kindly ask them to leave premises• Phone next patient to postpone appointment• Wear PPE to cleanse all surfaces• Ventilate areas accessed by client / potential client• Thoroughly clean all surfaces that the client may have been in contact with
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